

Curriculum Vita

Dr. Rinky Kapoor

Consultant Dermatologist & Cosmetic Dermatologist, Institute for Aesthetic Surgery, Apollo Health City, Hyderabad, India.

MBBS, MD (Dermatology), DDV (Mumbai, India)

Fellowship trained in Cosmetic Dermatology, Dermatosurgery and Dermatologic Lasers from National Skin Centre, Singapore

Interests:

Cosmetic Dermatology, Non surgical facial skin rejuvenation, Botulinum toxin & Filler therapy for functional & cosmetic facial therapy, Non surgical facelift via Radiofrequency Thermage and Fractional lasers, Management of Hair and Nail disorders, Pigment disorders, Pediatric Dermatology, Dermatologic Phototherapy, Dermatosurgery including Skin grafting and Non culture Melanocyte transplant for treatment of Vitiligo, Acne scar revision surgeries, Cellulite and fat reduction therapies, Dermatologic Lasers including fractional lasers, pigment and vascular lasers, tattoo removal and hair removal lasers.

Current Positions:

- 1) Consultant and Head - Department of Cosmetic Dermatology, Institute for Aesthetic Surgery, **Apollo Health City**, Hyderabad, India.
- 2) Coordinator, Organizing Core Committee, **Cosmetic Dermatology Society** (India)
- From April 2006 till present date.

Details of Past & Current Work Experience:

2009 – **INSTITUTE OF AESTHETIC SURGERY, APOLLO HEALTH CITY** *Hyderabad, India*
Till date *Consultant and Head, Cosmetic Dermatology and Dermatosurgery*

- **Planned and set up a comprehensive world class Aesthetic center** equipped with the latest state-of-the-art equipment and facilities from the inception to completion stage, from finances and purchase of equipment to infrastructure planning.
- In capacity as the Head of the Department of Cosmetic Dermatology and Dermatosurgery, **examined, diagnosed and treated** more than 5000 patients.

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- Responsibility here is 80% clinical and 20% lending leadership and **administrative direction** to this world-class center (Probably one of Asia's best equipped).
- Responsible for **deciding ROI, advertising campaign** and other techniques to generate patient footfalls etc.
- Responsible for deciding hiring of other professional colleagues and staff in the center, and conducting their regular **training**.
- Conducting **research** activities (currently on **Growth factors for scalp hair growth**) - Coordinating research thrust, arranging funding, publishing papers in peer reviewed scientific journals, etc.
- Conducting **clinical trials** on drugs and laser/non-laser treatments for Aesthetic indications.

2006 – 2009 DR.REKHA SHETH's SKIN AND HAIR CLINIC

Mumbai, India

Consultant, Cosmetic Dermatology

- **Examined, diagnosed and managed** more than 10000 patients for dermatological and aesthetic complaints.
- **Gained experience in the latest advances** in Cosmetic Dermatology under the mentorship of Dr. Rekha Sheth {Founder, President Emeritus of Cosmetic Dermatology Society (India)}, especially honed skills required in management of elite aesthetic clients including models, actors and clients from the entertainment industry.
- Trained to perform, modify and **adapt treatments to Indian skin**, since a good number of trials and studies on many recent advances in Aesthetic Dermatology report results on fair skin.
- Led and provided **administrative direction** to a team of ten professionals to plan, develop and improve the Laser suite and Dermatosurgery facility at the clinic, resulting in an **increased revenue generation** of 500 % for the center.
- **Led, supervised and trained a team of 20 beauty and salon professionals** to provide their services as adjuncts to mainstream treatment; Conducted regular staff orientation programs to ensure well informed and scientifically sound technicians resulting in better patient management and higher consumer satisfaction.
- Directed center's **external branding** initiative by publishing various articles on skin health in top Indian newspapers and magazines, led to an increased awareness of the clinic and 30% increase in patient count.
- Directed center's **internal branding** strategy by designing procedure and product brochures for the improvement of clinic services, assisting in the development of content for the

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center's website and designing and conducting presentations and lectures on skin health for many clients including corporates, medical professionals and celebrities.

- Conceived and advised on improvement of in-house manufactured **product formulations**, led to 10% increase in center's revenue.
- Conducted **regular trials and quality audits** of drugs, laser treatments and other latest available cosmetic therapies so as to provide adequate quality of care to consumers.
- Appointed by invitation by Pantaloons Femina as Consultant Cosmetic Dermatologist for the **Femina Miss India 2009** finalists, and as official skin care expert for **Dance India Dance** contestants for Zee Television channel, 2009.
- Appointed **Chief Coordinator of the Organizing Committee** for organizing the Annual Conference of the **Cosmetic Dermatology Society (India) (CSI)** every year, since 2006; Assisted in formulating the conference program, coordinating and networking with national and international faculty, corresponding with pharmaceutical companies for sponsorships, deciding & allocating budgets and managing funds, designing, deciding and managing content of the society's website and leading the team for editing of the CSI journal publication, resulting in the CSI membership strength growing to 1000 members, gradually becoming an internationally recognized organization featuring in the International League of Dermatological Societies and increasing revenue generation for the society by 200% over the past 2 years.
- Performed **Radio frequency** for Nonsurgical face lift for patients including latest **Thermage** technique for 25 patients with good success rates, attended Thermage training and workshops by **Mr. Boris Kunsevitsky** (Singapore based world renowned training expert on Thermage use).
- Trained in Botox and fillers by **Dr. Susan Weinkle** in December 2007 (World renowned expert dermatologist on board of directors of American Academy of Dermatology, USA, practicing in Florida, USA).
- Performed more than 800 **Dermatosurgeries** including skin grafting and cryotherapies
- Performed and improved techniques of different types of **Chemical Peels** i.e. TCA, Glycolic, Salicylic, Retinol, Pyruvic, Jessner's, Arginine, Lactic, Kojic, Biopeel and Combination peels.
- Performed more than 3000 **Laser** procedures including Diode hair removal laser, Skin station, Nd YAG laser for hair removal, Intense Pulse Light therapy, Smooth beam

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(long pulsed Nd YAG), laser peel (Erbium glass), fractional lasers including Fraxel, Affirm, Pixel laser, Harmony platform for acne scars, pigmentation, skin rejuvenation and tightening, scar management, stretch marks, etc. Managed patients with complications from other practices effectively.

- Administered **Botox , Dermal fillers & Mesotherapy** for facial rejuvenation (for fat reduction, cellulite reduction, hair regrowth).
- Attended and presented papers in many workshops on Botox, fillers, lasers, dermatosurgeries, micro-dermabrasion and advanced micro-dermabrasion to keep abreast of the latest in the field.
- Performed **Cellulite reduction** by Slim Concept with 50% patient satisfaction rate.

2008

NATIONAL SKIN CENTRE

Singapore

Visiting International fellow, Dermatology, Dermatosurgery and Dermatological Lasers

- Awarded the **International Dermatology Fellowship** by the International Society of Dermatology (2008). This was the **first ever** international fellowship at the National Skin Centre (NSC) that has ever been sponsored by the International Society of Dermatology. The NSC is the largest and only institution of its kind in Asia completely equipped and wholly dedicated to providing comprehensive total care in Dermatology.
- Improved understanding of therapy in different skin types by **examining more than 2500 patients** with Dermatological complaints catering to almost every demographic and ethnic group, by evaluating new and improvised investigation systems and treatment protocols in patient management.
- Trained in **Advanced Dermatologic Lasers on Asian skin** in about 350 patients, under the **mentorship of Prof. CL Goh**, Director emeritus and Head of the Department of Lasers, including Fractional lasers Fraxel, Mixto\Fractional CO2 laser, Pigment lasers, Pulse dye lasers, Carbon Dioxide laser, Ellipse Intense Pulse light, Neodymium YAG Laser, at the Mandalay Laser Clinic. Evaluated the requirements and functioning of an ideal laser set-up of International standards, selection of laser treatment protocols and management of complications of laser procedures.
- Trained in advanced cosmetic uses of **Botulinum toxin and Fillers**, with special emphasis on Non-surgical facial contouring techniques.

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- Observed **Non surgical facial rejuvenation** techniques including Thermage and Fractional Lasers in 30 patients, and also use of Thermage for skin tightening and contouring for arms, buttocks, abdomen.
- Trained in improved techniques in performing **Dermatosurgical** procedures like cryotherapy, skin grafting, skin excisions, ablative radiofrequency and derma-rollers.
- Assisted in **Non culture melanocyte transplant** for the treatment of stable vitiligo. This latest technique has high success rates but is still not available in India.
- Participated in the intricacies of establishment, functioning and participated in the management of a well equipped **Phototherapy** centre.
- Conducted examination and reporting of **Immunofluorescence** slides independently, under the guidance of Prof. Chuah, an authority on the subject.
- Trained in **Photodynamic therapy**, an internationally upcoming preferred modality of therapy for various Dermatological disorders.
- Trained in specialty management of various **Functional dermatologic disorders** including hair disorders, contact dermatitis, skin allergy, bullous disease, wound care, pigment disorders and pediatric dermatology.
- Attended and presented in various seminars, journal clubs, case management forums, lecture series and live demonstrations, thereby developing relationships and future networking opportunities with the best known dermatologists in the Asia-Pacific region, many of whom are at the forefront of cosmetic dermatology practices worldwide today.
- Invited by the Director Emeritus of the NSC to educate and address post graduate students and fellowship aspirants about the need for acquiring sound international exposure and experience in the practice of dermatology and cosmetology in different races.

2003 – 2006 LOKMANYA TILAK MUNICIPAL MEDICAL COLLEGE AND GENERAL HOSPITAL

Mumbai, India

Resident, Department of Dermatology

- Examined, diagnosed and managed about 100,000 patients with dermatological problems.
- Conceived and implemented the idea of management of hair, pigment, allergy, eczema, bullous disease, sexually transmitted disease in individual special clinics resulting in organized management of patients and convenient follow up visits.

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- **Initiated cosmetic procedures** like chemical peels and micro-dermabrasion, and skin grafting by suction blister technique for vitiligo treatment in the department and **further developed sub-specialty training in cosmetic dermatology**, resulting in increased revenue generation for the Department which was utilized for developing better educational facilities for post graduate students.
- Assisted in **developing further the immunoflorescence department, the only one of its kind in Maharashtra**, resulting in better patient care and increased revenue generation for the Department.
- Appointed as **Co-Investigator for clinical trials conducted at Unilever, India** (2004).
- Awarded the **'Best thesis of the year' award for 2006** at the National Conference of the Indian Academy of Dermatologists, Venereologists and Leprologists (IADVL) for a thesis on 'Evaluation of safety and efficacy of topical Prostaglandin E2 in the treatment of vitiligo', at the National IADVL conference, 2006. **Selected as the best thesis across India from a total of about 100 post graduate theses submitted.**

Educational qualifications:

2008	NATIONAL SKIN CENTRE	<i>Singapore</i>
	Awarded Visiting International fellowship in Dermatology, Dermatosurgery and Lasers for professional excellence	
2005	COLLEGE OF PHYSICIANS AND SURGEONS	<i>Mumbai, India</i>
	DDV (Diploma in Dermatology and Venereology)	
2003 - 2006	MUMBAI UNIVERSITY (LOKMANYA TILAK MUNICIPAL MEDICAL COLLEGE AND GENERAL HOSPITAL)	<i>Mumbai, India</i>
	MD Dermatology, Venereology and Leprology, Second in University Winner of the best thesis award for 2006 out of 100 all India postgraduate theses submitted	

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2001 - 2002 MUMBAI UNIVERSITY (LOKMANYA TILAK MUNICIPAL MEDICAL COLLEGE AND GENERAL HOSPITAL) *Mumbai, India*
Resident, Department of Pediatrics

1995 - 2000 MUMBAI UNIVERSITY (LOKMANYA TILAK MUNICIPAL MEDICAL COLLEGE AND GENERAL HOSPITAL) *Mumbai, India*
Bachelor of Medicine and Bachelor of Surgery (MBBS), Top 1% of class
Awarded **Distinction** in Pathology, Microbiology, Preventive and Social Medicine

Observerships and courses:

2009 STANFORD SKIN AND LASER CENTRE *California, USA*
Visited Dr. Hayes Gladstone, Head of Department of Advanced Cosmetic Surgery Center, Stanford University School of Medicine

2009 CALIFORNIA SKIN INSTITUTE *California, USA*
Visited and assisted Dr. Greg Morganroth, Director, Dermatologic Surgery and Lasers

2009 HANKENSACK UNIVERSITY MEDICAL CENTER *New York, USA*
Visited Dr. David Goldberg, Head of Department of Dermatologic Surgery and Lasers

2009 SIRIRAJ HOSPITAL, MAHIDOL UNIVERSITY *Bangkok, Thailand*
Visited and assisted Dr. Woraphong Manuskiatti, Head of Department of Dermatosurgery and Lasers

2009 BUMRUNGRAD INTERNATIONAL HOSPITAL *Bangkok, Thailand*
Visited and assisted Dr. Woraphong Manuskiatti, Head of Department of Dermatosurgery and Lasers

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- 2009** **MJ AND ORACLE DERMATOLOGIC CLINICS** *South Korea*
Visiting Observer in Dermatosurgery and Lasers
- 2009** **WON TECHNOLOGIES** *South Korea*
Certificate course in Pigment, vascular and hair removal lasers

Honours/Awards:

- Appointed by invitation by Pantaloons Femina as Consultant Cosmetic Dermatologist for the **Femina Miss India 2009** finalists, and as official skin care expert for **Dance India Dance** contestants for Zee Television channel, 2009
- Awarded **International Dermatology Fellowship** for the year 2008 at the National Skin Centre Singapore under the mentorship of Professor CL Goh, Director Emeritus, Professor and Head Department of Dermatologic Lasers, National Skin Centre, Singapore. This fellowship is awarded on the basis of academic excellence, professional expertise and demonstrated ability to contribute to the future research and progress of Dermatology.
- Selected for **Fellowship in Clinical Dermatology/Phototherapy/Dermatosurgery** under Dr.S.Criton, by a panel comprising of the senior most Dermatologists in the country from the Indian Academy of Dermatology, Venereology and Leprology (IADVL), 2008. **Only one fellowship awarded every year for demonstrated professional excellence**, selected from young dermatologists across India.
- Awarded **Best thesis of 2006 (All India award)** for my thesis 'Evaluation of safety and efficacy of topical Prostaglandin E2 in the treatment of vitiligo', at the National IADVL Conference, 2006
- Secured Runner up position in **National Dermatology Quiz**, West zone, from amongst 40 teams, organized by IADVL, 2005.
- Awarded merit scholarship by the **Government of India**, under the **National Scholarship Scheme**, 1994.
- Awarded runner's up position in North Mumbai T Ward Science Competition, from amongst 25 teams, 1992- 1993.

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List of scientific research publications:

Peer Reviewed

1. **Kapoor R**, Shome D, Jain V.

Facial rejuvenation post intradermal Botulinum toxin: Is it really the Botulinum toxin or is it the pricks?

Accepted for publication in Derm Surg on January 20, 2010.

2. Shome D, Nair A, **Kapoor R**, Jain V

Botulinum toxin: Is it really that fragile a molecule?

Accepted for publication in Derm Surg on February 9, 2010.

3. **Kapoor R**, Phiske M, Jerajani HR.

Evaluation of safety and efficacy of topical Prostaglandin E2 in the treatment of vitiligo. Br J Dermatol 2009; 160: 861-63.

4. Mehta J, Phiske M, Dhurat RS, Jerajani HR, **Kapoor R**.

Composite lymphoma: mycosis fungoides with Hodgkin's lymphoma. Indian J Dermatol 2005; 50: 227-30.

5. Subramanian S, Phiske M, **Kapoor R**.

Lichenoid papulovesicular eruption following measles. Eur J Pediat Dermatol 2005; 15:177-80.

Non-Peer reviewed

- Dhurat RS, Shinde S, **Kapoor R**.

Rare forms of cutaneous tuberculosis – Photofeature. What's new in dermatology, STD's and leprosy. October 2003.

List of presentations:

- Use of a novel combined radiofrequency and ultrasound skin tightening device to treat cellulite and for lipolysis - the first 25 patients - Chief author of paper accepted for oral presentation at

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IMCAS, Hongkong, July 2010, and poster presentation at EADV, Sweden, October 2010, the ASLMS, Arizona, 2010: and IMCAS, Paris, 2010.

- Botulinum toxin: Is it really that fragile a molecule? – Co-author of paper accepted for oral presentation at IMCAS Hongkong, 2010, and poster presentation at EADV, Sweden, October 2010, and IMCAS Paris, 2010.
- Fractional Carbon Dioxide Laser Results In Type 4, 5, 6 Skin – First 50 Patients – Chief author of paper accepted for oral presentation at the ASLMS 2010, Arizona, USA and at IMCAS, Paris 2010, E poster presentation at IMCAS, Hongkong, July 2010, and at EADV, Sweden 2010.
- Facial rejuvenation post intradermal Botulinum toxin: Is it really the Botulinum toxin or is it the pricks? – Co-author of paper accepted for Oral presentation at IMCAS, Paris, 2010, and e-poster presentation at IMCAS, Hongkong, July 2010, and at EADV, Sweden October 2010.
- Comparative study between two novel radiofrequency skin tightening technologies – Tripollar Radiofrequency device, and, Selective ultrasound and Radiofrequency combination device – Co-author of paper accepted for E-Poster presentation at IMCAS, Hongkong, July 2010, and at EADV, Sweden, October, 2010.
- Lasers in facial rejuvenation – Faculty at the Hyderabad Oculoplasty Association conference, Hyderabad, March 2010.
- Expanding Horizons in Skin Rejuvenation – Faculty for instruction course at the 68th Annual Conference of the All India Ophthalmological Society of India, Kolkata, 2010.
- Foot care - Chief author of oral paper presented at Cosmetic Dermatology Society (India) seminar, Mumbai, August 2008.
- Oral Ivermectin verses topical Ivermectin in the treatment of Scabies? - Chief author of poster presented at 34th National Conference of IADVL, Hyderabad, 2006.
- Cutaneous tuberculosis: varied and unusual manifestations - Co-author of poster presented at Singapore National Dermatology Conference, Singapore, 2005.
- Drug induced gastritis mimicking lactic acidosis - Chief author of oral paper presented at the HIV Congress, Mumbai, March 2005.
- Serodiagnosis and monitoring of activity in Pemphigus by Desmoglein – ELISA test –

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Co-author of oral paper presented at the 33rd National Conference of IADVL, New Delhi, February 2005.

- Efficacy of topical 10% KOH in treatment of molluscum contagiosum in children: double blind, placebo- controlled study - Co-author of poster presented at Annual meeting of IADVL, Maharashtra, 2004.
- Unusual drug reaction - Chief author of oral paper presented at the clinical meeting of IADVL, Maharashtra branch, at Lokmanya Tilak Municipal Medical College and Lokmanya Tilak Municipal General Hospital, Mumbai, October 2004.
- Cutaneous tuberculosis: varied and unusual manifestations - Chief author of oral paper presented at the 32nd National Conference of IADVL, Mumbai, January 2004.
- Spot cases - Chief author of oral paper presented at the clinical meeting of IADVL, Maharashtra branch, at Lokmanya Tilak Municipal Medical College and Lokmanya Tilak Municipal General Hospital, Mumbai, August 2003.
- Eminent personalities in leprosy in the Indian context - Chief author of oral paper presented at the CME conducted by Bombay Leprosy Project, Mumbai, October 2003.

Seminars attended:

- IMCAS Hongkong, July 2010 - **As Faculty.**
- Hyderabad Oculoplasty Association conference, Hyderabad, March 2010 - **As Faculty.**
- 68th Annual Conference of the All India Ophthalmological Society of India, Kolkata, 2010 - **As Faculty for Instruction course.**
- Cosmetic Dermatology Society of India National conference and workshop, Hyderabad, August 2009 - **As Member of National Organising Committee.**
- Cosmetic Dermatology Society (India) Seminar and hands on training workshop, Mumbai, August 2008 - **As Member of National Organising Committee.**
- 36th National conference of IADVL, Chandigarh, January 2008.
- CosdermIndia'07, Mumbai, December 2007 - **As Member of National Organising Committee.**
- Workshop on Photography, Bombay Hospital and Research Centre, Mumbai, 2007.
- CosdermIndia'06, Goa, August 2006 - **As Member of National Organising Committee.**
- Guest lectures by Dr.Stephen Tyring and Dr.Shehnaz, BYL Nair Hospital, Mumbai, March 2005.

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- HIV Congress, Mumbai, March 2005.
- Dermatopathological meeting, KEM Hospital Mumbai, March 2005.
- Allergy testing, Oration by Dr. David Basketter, Mumbai, 2005.
- All clinical meetings of IADVL, Maharashtra branch, Mumbai, 2005.
- 33rd National Conference of IADVL, New Delhi, February 2005.
- HIV/ AIDS Training Workshop, Lokmanya Tilak Municipal Medical College and General Hospital, Mumbai, July 2004.
- Workshop on Statistics in Medical Research, Grant Medical College, Mumbai, February 2004.
- Soft tissue enhancement and office based dermatoplastic surgery - PG CME series, Bombay Hospital and Medical Research Centre, Mumbai, March 2004.
- 1st National Workshop on Phototherapy – Photocon, Bangalore, April 2004.
- Dermatopathology Teaching Programme, P.D Hinduja National Hospital and Medical Research Center, Mumbai, October 2004.
- All clinical meetings of IADVL, Maharashtra branch, Mumbai, 2004.
- CME on HIV, Holy Family hospital, Mumbai, 2004.
- Current trends in Leprosy, Bombay Leprosy project, 2004.
- 32nd National Conference of IADVL, Mumbai, January 2004.
- 2nd International CME on Dermatopathology, New Delhi, November 2003.
- 2nd World Congress of Cosmetic Surgery, Mumbai, December 2003.
- All clinical meetings of IADVL, Maharashtra branch, 2003, Mumbai.
- CME by Bombay Leprosy Project, Mumbai, October 2003.

Dr. Rinky Kapoor